

Come & *Walk*  
As We Celebrate  
World Breastfeeding Week  
August 2nd to August 9th  
*Breastfeeding: A Vital Emergency Response*  
*Are you ready?*



**Friday, August 7th at 10:30am**

Walk Starts: *Poughkeepsie Journal, Corner of Market & Mansion Streets*

Walk Ends at: *The First Evangelical Lutheran Church*

*Corner of Mill St. and Catherine St. Poughkeepsie, New York*

*Public Parking across the street*

**Refreshments | Door Prizes**

**Free Gift Bags | Face Painting**

**A PRIZE FOR THE MOST UNIQUE POSTER WILL BE AWARDED!!!**

For More Information or to Participate\* Call:

845.486.3549 or 845.483.6178

**\*Participants are being asked to show their participation by wearing a blue T-shirt**

*This walk is sponsored by the*  
***Breastfeeding Coalition of Dutchess County***

Walk Organizers Include: Astor Head Start, Breastfeeding Advocacy Network, Dutchess County

Department of Health, Dutchess County Healthy Families, Family Service Inc. Teen Parents Program, Hudson River Health Care - WIC, La Leche League, Northern Dutchess Hospital Lactation Department, Vassar Brothers Medical Center Lactation Department, and Lower Hudson Valley Perinatal Network .