

About the Mid-Hudson Lactation Consortium

MHLC was organized in 1992, and became an International Lactation Consultants Association (ILCA) affiliated chapter in 1996. Membership in MHLC is \$10 per year and is open to lactation consultants, La Leche League Leaders and members, hospital breastfeeding coordinators, nurses, public health professionals, childbirth educators, physicians, dietitians, and other breastfeeding advocates. MHLC sponsors educational activities throughout the year; discounted registration is available to members. Community outreach activities include staffing breastfeeding information displays at local malls, health fairs, and during World Breastfeeding Week, August 1 - 7. Members practicing in Orange, Sullivan, Ulster and Dutchess Counties can receive a free professional listing in our **Breastfeeding Resource Directory**. **Membership runs from July 1, 2009 to June 30, 2010.** *Membership in MHLC does not include membership in ILCA/USLCA.*

Mission Statement

MHLC advocates breastfeeding for its health, nutrition, and psychosocial benefits as well as its positive economic impact on the family and health care system.

Our Goals

- ◆ Promote breastfeeding to the medical and general community as the "Gold Standard" for infant feeding
- ◆ Provide guidance to maternal-child health professionals on breastfeeding resources for patient education
- ◆ Organize continuing education programs
- ◆ Facilitate collaboration between maternal-child health agencies in the area of breastfeeding promotion

The Mid-Hudson Lactation Consortium is coordinated through Maternal-Infant Services Network. Stephanie Sosnowski, Deputy Director for MISN, is MHLC's Regional Coordinator, and can be reached at 845-928-7448, or by e-mail, mhlc@misn-ny.org.

✂ Cut along this line:

2009 MHLC MEMBERSHIP REGISTRATION FORM

To join, complete this form:

Name: _____ Title: _____

Address: _____ Zip _____

Daytime Phone Number: _____ Renewal? or New member

Email: _____

I am an ILCA/USLCA member in good standing: Yes No

Enclose check for \$10, made payable to Maternal-Infant Services Network.
Mail to: MHLC membership c/o Diana Cassar-Uhl, 26 Rose Hill Park, Cornwall, NY 12518.
You will receive confirmation via email.